



Berkshire & South Buckinghamshire ASA

(Sub regional body of Swim England South East)

County and Age Group Championships 2018

(Under ASA Laws and ASA Technical Rules)

Entry Conditions and Procedure

Introduction

1. The County Championships, the County Age Group Championships and the County Para-swimming Championships are run as an integrated meet. The County Championships are governed by the County Championships Conditions approved by the County Management Board. These can be found on the BSBASA website (www.bsbasa.org). The key requirements of the County Championship Conditions are summarised in this entry procedure document.
2. The format of these championships has changed following feedback from clubs and coaches after last year's championships, and to take advantage of all sessions being at the new Wycombe 50m pool. Also we are now required by the meet licensing rules to have age group finals for all 50m and 100m events. Full details of the new format are contained in this entry pack.

The key changes are:

- We are doing all the events at Wycombe (in LC configuration) and there is a new order of events
 - We now have a separate finals session
 - We now have a 16 years age group
 - There will be age group finals for the 50m and 100m events
 - The 50m and 100m Senior and Junior County Championships will now be decided via a "virtual" final
 - The additional time required for the age group finals means that we have had to discontinue the 4x50m open relays
3. The Wycombe pool has 8 lanes and features backstroke ledges. All events will be swum long course and the 20m community pool will be available for warm up during racing and for swim down.
 4. Please note that the facilities at Wycombe feature a mixed changing village and this as well as other areas of the leisure centre are likely to be open to the public during the championships.

Eligibility

5. Competitors who are registered with Swim England as members of clubs affiliated to the County Association on the closing date for entries and have Category 2 ASA membership may enter individual events. However a competitor may only represent one club in the Championships. Furthermore a competitor who has entered BSBASA Championships in any other discipline in the same calendar year can only swim in the name of the same club represented in that other Championship. Finally a competitor who has swum in the Championship or Age Group Competitions of another county in the same calendar year may not enter or swim.

A swimmer must also be registered with the ASA as a member of a club affiliated to the Association and have Category 2 ASA membership on the day of competition. Where this is a different club than the entry club (i.e. where a swimmer has changed their registered club after entering), the swimmer will represent their new club, except if they have already swam in the name of their old club at these Championships or the BSBASA Championships in any other discipline in the same calendar year. In such cases, the swimmer will not represent any club from the point of re-registration.

6. All clubs affiliated to the County Association may enter team events. Individual competitors selected to represent clubs must be eligible to enter individual events in the name of that club, and swimmers can only swim in the teams of one club in these Championships. A swimmer may not compete in more than one team in the same event.

Competitors with disabilities

7. Classified Disability Swimmers may enter any event provided they meet the eligibility requirements above. The normal qualifying times will be extended by 25% (but this is subject to the promoter's discretion on a case by case basis) and competitors wishing to take advantage of the extended qualifying times should contact the organisers (championships@bsbasa.org) regarding the entry process.

The Para-Swimming multi-classification competition awards are described later in this document.

Individual Events

8. The following individual events are included in the championships

Freestyle	50m, 100m, 200m, 400m, 800m (girls only), 1500m (boys only)
Backstroke	50m, 100m, 200m
Butterfly	50m, 100m, 200m
Breaststroke	50m, 100m, 200m
Individual Medley	200m, 400m

10 and 11 year olds may not enter the 800/1500m Freestyle or the 400m IM. Swimmers not yet 10 at 31 December 2018 may not enter.

9. There are separate events for male and female competitors.

10. Ages are at 31 December 2018.

Team Events

11. The following team events are included:

Male

Open 4 x 100m Freestyle Team
16 yrs & under 4 x 100m Freestyle Team
12-13 yrs 4 x 100m Freestyle Team
10-11 yrs 4 x 50m Freestyle Team

Open 4 x 100m Medley Team
16 yrs & under 4 x 100m Medley Team
12-13 yrs 4 x 100m Medley Team
10-11 yrs 4 x 50m Medley Team

Female

Open 4 x 100m Freestyle Team
16 yrs & under 4 x 100m Freestyle Team
12-13 yrs 4 x 100m Freestyle Team
10-11 yrs 4 x 50m Freestyle Team

Open 4 x 100m Medley Team
16 yrs & under 4 x 100m Medley Team
12-13 yrs 4 x 100m Medley Team
10-11 yrs 4 x 50m Medley Team

All ages are at 31 December 2018.

12. There are no minimum consideration times for team events, and it is intended that the County team events should be a good opportunity for swimmers to gain experience of relay team racing. It is therefore expected that there will be a wide range of entry times in each event. Clubs and coaches should ensure that the entry times are appropriate for the team that is expected to swim on the day and think twice about entering teams that are likely to be way below the standard of any of the other competing clubs. However, as a consequence of the introduction of age group finals, it may be necessary to restrict the number of relay teams, in which case clubs will be limited to two relay team per event and if further restriction is required the teams with the fastest entry times will be accepted,

Entry Procedure - General

13. All entries must be made and paid for on-line at <https://bsbasa.org/Meet/BSBAG18>. Please note that entry will be by ASA number and only those swimmers who are registered with clubs in the County and who have a Category 2 ASA registration are permitted to enter.
14. The closing date for submitting and paying for entries is **noon on 24 December 2017**. No entries will be accepted or entry times updated after that date.
15. Entry fees are £6.50 per individual event and £8.50 per team event. No entries will be accepted without payment of the appropriate entry fee. Except where it is not possible to accept entries (see below) entry fees are not refundable. Entry fees in respect of an incorrect entry will be forfeit.
16. Entries for this meet will be held on a computer and consent, as required by the Data Protection Act, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Swimmers may inspect their personal data during the Meet on advance application to the Promoter.

Entry Procedure - Individual events

17. Swimmers must have achieved the consideration time during the period 1 January 2017 – 17 December 2017. These times must have been achieved at ASA licensed meets (Level 1 – 4) and be included in the ASA Rankings Database at the date of entering, or be included in the ASA Masters Rankings Database. When entering, the on-line entry system will download the fastest short course time (actual or converted) achieved since 1 January 2017 from the ASA Rankings database and where this is equal to or faster than the consideration time, this will be the swimmers entry time. It is not possible to amend this time. Conversions from long course (50m) to short course (25m) will be done using the equivalent performance application (based on tables published by the ASA) at www.bsbasa.org. Only times set in 25m or 50m pools are eligible.
18. Split times from longer events will not be accepted for entry. Relay lead off times will only be accepted where these are attributed to the relevant swimmer in the ASA Rankings Database.
19. Swimmers who have elected to keep their membership and ranking information private will not be able to enter using the on-line system. These swimmers should amend their membership status with the ASA and then use the on-line system. Only in very exceptional circumstances, will the Entries Secretary through his discretion allow this condition to be relaxed and even then only after suitable evidence of the circumstances and entry times have been provided which must be at least 10 days prior to the closing date.
20. Please note that meeting the consideration time does not guarantee entry and depending on the volume of entries it may not be possible to accept all entries from swimmers who have achieved the consideration time. Where this is necessary, swimmers with the fastest times will be accepted taking into account the need to be fair between age groups. Where possible, swimmers who are not accepted may be nominated as reserves, and may be able to swim in the event of withdrawals.

21. The consideration times are short course times, but as noted above converted long course times may be used. The consideration times are set out at the end of this document and are stated to tenths. For the avoidance of doubt, where the consideration time is stated as (say) 1:37.0, a time of 1:37.00 meets the entry criterion, but 1:37.01 does not.

Entry Procedure - Team events

22. It is not necessary to name the swimmers from whom each team will be selected on the entry form, however the names, dates of birth, ASA registration numbers, and swim order of the selected swimmers must be declared on the team declaration form which must be posted before the time indicated on the form. All teams must be entered and paid for using the on-line system at www.bsbasa.org.

Notification of Accepted Swims

23. Entries successfully received by the on-line system can be viewed at any time at <https://bsbasa.org/Entries/BSBAG18>, but receipt of entries does not guarantee acceptance. Accepted swims will be posted at www.bsbasa.org as soon as possible after the closing date. It is the responsibility of swimmers and clubs to check entry details carefully before the meet starts. Processing errors notified before the start of the meet will be corrected. It is most unlikely that errors can be corrected once the meet has started.

Meet details

24. The order of events is shown below. Please note that the session times are provisional and will be confirmed once entries have been processed. Swimmers should consider carefully which events they enter, and in particular the possibility that if they qualify for finals they may need to swim a number of races over a very short period of time. It will not be possible to have a break in the programme to accommodate multiple swims. Swimmers who qualify for finals are expected to swim in those finals, and withdrawals from finals should only occur in exceptional circumstances.
25. Swimmers whose entries have been accepted, but who do not intend to swim must withdraw. Withdrawal must be notified to each club's designated team manager, who will in turn notify the meet organisers (before the start of the warm up for each session). Clubs with an unacceptable level of unreported withdrawals will be reported to the Performance Swimming Events Committee who may impose a penalty, including a fine.
26. The list of finalists for events with finals will be published as soon as possible after the heats have been completed. This list of finalists will also contain a "withdraw by time". Finalists (including reserves) who wish to withdraw (in exceptional circumstances, as above) must sign the "finals withdrawal" sheet held by the meet administration team before the posted "withdrawal time". A fine of £10 may be levied on clubs in respect of all finalists (including reserves) who do not compete without having complied with the withdrawal process above. The on-line entry process for future BSBASA performance swimming competitions will be blocked for clubs which have unpaid fines.
27. Team declaration forms for relay events on all 4 days of the championships must be collected at the start of session 1. These must be completed with the details of the swimmers who will actually compete and must be posted on the day of the event prior to the time stated on the form. If forms are not posted, then swimmers and teams will not be able to swim. It is not necessary to withdraw from these events. Teams who do not swim the declared swimmers in the declared order will be disqualified.
28. All events will be seeded slow to fast

29. For events with finals, the fastest 3 heats will be cyclically seeded, all other heats will be spearhead seeded. For all other events, all heats will be spearheaded.

30. The meet will be held under ASA Laws and ASA Technical Rules.

Awards

Age group awards

31. Awards will be made to the winners in the following age groups,

10-11 years, 12 years, 13 years, 14 years, 15 years, 16 years, and 17 years and over.

NB 10-11 year olds may not enter the 800/1500m freestyle or the 400m IM.

Swimmers not yet 10 at 31 December 2018 may not enter. All ages are at 31 December 2018.

32. Age group awards for events over 100m will be made on a heat declared winner basis.

Age group awards for the 50m and 100m events will be made based on the finish position in the relevant age group final. The fastest 8 swimmers in the heats in each age group will qualify for the relevant age group final and there will be two reserves. Reserves will be promoted to the final in the event of a faster swimmer withdrawing. There will be no swim offs for equal placed swimmers and in such cases the number of reserves and the number of swimmers in the final shall be reduced as necessary. For the avoidance of doubt, swimmers must swim in the heats even though there may be 8 or fewer swimmers in their age group. Furthermore, swimmers who are disqualified or do not finish in the heats will not qualify for the finals.

Age Group Medals will be awarded for first, second and third place. Ages are at 31 December 2018.

Para-Swimming multi-classification competition awards

33. The 50m and 100m events will include Para-Swimming multi-classification awards. Classified disability swimmers will in addition to their age group placing be placed in a multi-classification disability award category. Placing will be done based on British Disability Points based on the times achieved in the heats only. Age Group Medals will be awarded for first, second and third place.

Senior County Championship

34. The Senior County Championship is for swimmers who are 15 years & over at 31 December 2018.

35. For events of 200m and over, the Senior County Championship will be decided on heat times. The Senior County Championship Trophy and a County Championship Gold Medal will be awarded to the Senior swimmer achieving the fastest time in the heats. A silver medal will be awarded for second place, and a bronze medal will be awarded for third place.

36. For 50m and 100m events there will be virtual Senior County Championship finals. The times of the swimmers in the 15 years, 16 years, and 17 years and over finals will be taken into a virtual final and the Senior County Championship Trophy and a County Championship Gold Medal will be awarded to the swimmer with the fastest time. A silver medal will be awarded for second place, and a bronze medal will be awarded for third place.

Junior County Championship

37. The Junior County Championship is for swimmers who are 14 years & under at 31 December 2018.
38. For events of 200m and over the Junior County Championship will be decided on heat times. The Junior Championship Trophy and a County Championship Gold Medal will be awarded to the Junior swimmer achieving the fastest time in the heats. A silver medal will be awarded for second place, and a bronze medal will be awarded for third place.
39. For 50m and 100m events there will be a virtual Junior County Championship finals. The times of the swimmers in the 10-11 years, 12 years, 13 years and 14 years finals will be taken into a virtual final and the Junior County Championship Trophy and a County Championship Gold Medal will be awarded to the swimmer with the fastest time. A silver medal will be awarded for second place, and a bronze medal will be awarded for third place.

Team event awards

40. The winners of all team events will be determined on a heat declared winner basis. The team winning the Open event will be awarded The Senior County Championship Trophy and each swimmer will receive a County Championship Gold Medal. The team winning the 12-13 event will be awarded The Junior Championship Trophy and each swimmer will receive a County Championship Gold Medal. In both cases, the teams placed second and third will also each receive a County Championship Medal.
41. For the 16 yrs & under and the 10-11 yrs team events, Age Group Medals will be awarded to each swimmer in the team placed first. In both events, the teams placed second and third will also each receive an Age Group Medal. This year medallist in the 16 yrs & under and the 10-11 yrs team events will be presented with their medals during the presentations ceremony.

Aggregate awards

42. The male and female club aggregate awards trophies will be awarded to the club with the highest points score. Points will be awarded to the first eight competitors in each age group of each event, including the team events, in the following manner: Winner 15 points; Second 10 points; Third 7 points; Fourth 5 points; Fifth 4 points; Sixth 3 points; Seventh 2 points; Eighth 1 point. Where there is a dead heat, the points are shared. Points will be awarded to the club that the swimmers is representing (as determined in accordance with para 5). No two clubs can make use of the same competitor for the purpose of counting points in these competitors in any one year. For events with finals, points will be awarded based on the placing in the final. No points are awarded for placings in the Senior and Junior County Championships.
43. The total number of points obtained by the Club shall be added together on completion of the Championships and the Club obtaining the highest aggregate shall be declared the winner. In the event of a dead heat on aggregate points, the club with the greatest number of first places shall be declared the winner, and if this also produces a dead heat, the Clubs concerned shall be declared joint winners.
44. The Parker Silver Cup and the Lambert Shield will be awarded to the female and male swimmer (respectively) who achieve the highest points score. Points will be awarded according the place achieved in the relevant age group for all events, as follows:

Winner 15 points; Second 10 points; Third 7 points; Fourth 5 points; Fifth 4 points; Sixth 3 points; Seventh 2 points; Eighth 1 point. Where there is a dead heat, the points are shared.

In the event of a dead heat on aggregate points, the swimmer with the greatest number of first places shall be declared the winner, and if this also produces a dead heat, the swimmers concerned shall be declared joint winners.

For events with age group finals, points will be awarded based on the placing in the age group final. No points are awarded for placings in the Senior and Junior County Championships.

ASA License numbers

45. The meets is licensed by the ASA and the license numbers are

13/14 January 2018	1SE180129
27/28 January 2018	1SE180130

Trophies

46. Trophies awarded annually may be kept by the winners until the following year's championships, subject to completing the necessary documentation as regards its safekeeping and return. Any holder of a trophy who fails to return that trophy by the specified date shall not be allowed to take custody of any trophies which he or she might be awarded during the County Championships in that calendar year.

Pool side passes

47. Clubs may apply for up to one pool side pass per 10 swimmers via the on-line entry system. The nominated representative of each club will be provided with a link to apply for pool side passes. The cost of a pool side pass is £15 per person and each pass covers all 12 session. Each club entering is required to purchase at least one pool side pass. Only individuals wearing a pool side pass will be permitted on poolside, so do not forget to order these for team managers if they will also be poolside. Please note that we are unable to provide catering for coaches. We reserve the right to restrict the number of pool side passes issued and the number of people on poolside where this safety and the smooth running of the meet would otherwise be compromised.

Still and video photography

48. Use of Video and still cameras - In line with ASA guidance on the taking of photos, spectators may take photos and videos where their swimmer is the main subject of the photo. Any such photos and videos may only be for their own personal use and may not be broadcast (including web-streaming) or published without the prior written consent of the Promoter. The Berkshire and South Buckinghamshire ASA will also have an official photographer to record the competition and images and video may be used for County publications and the County website (within the relevant ASA guidance). By entering, swimmers accept that their image may be captured and used as described above, Swimmers and parents who do not wish their images to be used should contact the promoter in advance of the event.

Other matters

49. Any matter not covered by the above conditions shall be determined by the BSBASA Performance Swimming Events Committee, and in the case of matters requiring a decision during the meet by the chairman of that committee and as many of its members who are available.



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County and Age Group Championships 2018

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Order of Events

Session 1	Wycombe - 13 January	Warm-up 09:30 for 10:15 start (provisional)
1	Girls 800m Freestyle	
2	Boys 400m Freestyle	
Session 2	Wycombe - 13 January	Warm-up 13:10 for 14:00 start (provisional)
3	Boys 100m Backstroke	
4	Girls 100m Butterfly	
5	Boys 50m Butterfly	
6	Girls 50m Freestyle	
7	Boys 200m Breaststroke	
Session 3	Wycombe - 13 January	Warm-up 16:45 for 17:35 start (provisional)
8-14	Boys 100m Backstroke - Age Group Finals x 7	
15-21	Girls 100m Butterfly - Age Group Finals x 7	
22-28	Boys 50m Butterfly - Age Group Finals x 7	
29-35	Girls 50m Freestyle - Age Group Finals x 7	
36	Boys 12-13 yrs 4 x 100m Freestyle Team	
37	Girls 12-13 yrs 4 x 100m Freestyle Team	
38	Boys 12-13 yrs 4 x 100m Medley Team	
39	Girls 12-13 yrs 4 x 100m Medley Team	
Session 4	Wycombe - 14 January	Warm-up 09:00 for 9:50 start (provisional)
40	Boys 200m Butterfly	
41	Girls 400m Individual Medley	
42	Boys 200m Individual Medley	
43	Girls 200m Backstroke	
Session 5	Wycombe - 14 January	Warm-up 12:45 for 13:35 start (provisional)
44	Boys 100m Breaststroke	
45	Girls 100m Freestyle	
46	Boys 50m Backstroke	
47	Girls 50m Breaststroke	
48	Boys 200m Freestyle	
Session 6	Wycombe - 14 January	Warm-up 16:35 for 17:25 start (provisional)
49-55	Boys 100m Breaststroke - Age Group Finals x 7	
56-62	Girls 100m Freestyle - Age Group Finals x 7	
63-69	Boys 50m Backstroke - Age Group Finals x 7	
70-76	Girls 50m Breaststroke - Age Group Finals x 7	
77	Boys 16 yrs & under 4 x 100m Medley Team	
78	Girls 16 yrs & under 4 x 100m Medley Team	
79	Boys 16 yrs & under 4 x 100m Freestyle Team	
80	Girls 16 yrs & under 4 x 100m Freestyle Team	

NB – All session times are provisional and will be confirmed with accepted entries

Session 7	Wycombe - 27 January	Warm-up 09:30 for 10:15 start (provisional)
81	Boys 1500m Freestyle	
82	Girls 400m Freestyle	
Session 8	Wycombe - 27 January	Warm-up 13:50 for 14:40 start (provisional)
83	Girls 100m Backstroke	
84	Boys 100m Butterfly	
85	Girls 50m Butterfly	
86	Boys 50m Freestyle	
87	Girls 200m Breaststroke	
Session 9	Wycombe - 27 January	Warm-up 17:30 for 18:20 start (provisional)
88-94	Girls 100m Backstroke - Age Group Finals x 7	
95-101	Boys 100m Butterfly - Age Group Finals x 7	
102-108	Girls 50m Butterfly - Age Group Finals x 7	
109-115	Boys 50m Freestyle - Age Group Finals x 7	
116	Girls 10-11 yrs 4 X 50m Medley Team	
117	Boys 10-11 yrs 4 X 50m Medley Team	
118	Girls 10-11 yrs 4 X 50m Freestyle Team	
119	Boys 10-11 yrs 4 X 50m Freestyle Team	
Session 10	Wycombe - 28 January	Warm-up 09:00 for 9:50 start (provisional)
120	Girls 200m Butterfly	
121	Boys 400m Individual Medley	
122	Girls 200m Individual Medley	
123	Boys 200m Backstroke	
Session 11	Wycombe - 28 January	Warm-up 12:55 for 13:45 start (provisional)
124	Girls 100m Breaststroke	
125	Boys 100m Freestyle	
126	Girls 50m Backstroke	
127	Boys 50m Breaststroke	
128	Girls 200m Freestyle	
Session 12	Wycombe - 28 January	Warm-up 16:40 for 17:30 start (provisional)
129-135	Girls 100m Breaststroke - Age Group Finals x 7	
136-142	Boys 100m Freestyle - Age Group Finals x 7	
143-149	Girls 50m Backstroke - Age Group Finals x 7	
150-156	Boys 50m Breaststroke - Age Group Finals x 7	
157	Girls Open 4 x 100m Freestyle Team	
158	Boys Open 4 x 100m Freestyle Team	
159	Girls Open 4 x 100m Medley Team	
160	Boys Open 4 x 100m Medley Team	

**NB – All session times
are provisional and
will be confirmed with
accepted entries**



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Consideration times

GIRLS

Age	10/11	12	13	14	15	16	17+
50m Freestyle	38.0	34.2	32.4	31.4	30.4	30.3	30.2
100m Freestyle	01.18.0	01.13.0	01.12.0	01.10.0	01.08.5	01.07.5	01.06.5
200m Freestyle	02.51.0	02.40.0	02.28.0	02.24.0	02.22.0	02.20.0	02.19.0
400m Freestyle	06.20.0	05.50.0	05.25.0	05.20.0	05.00.0	04.58.0	04.55.0
800m Freestyle		11.20.0	10.55.0	10.30.0	10.10.0	10.05.0	10.00.0
50m Breaststroke	48.5	43.9	42.0	41.0	39.0	38.7	38.4
100m Breaststroke	01.42.0	01.36.0	01.32.0	01.29.0	01.25.0	01.24.5	01.24.0
200m Breaststroke	03.40.0	03.27.0	03.15.0	03.05.0	03.02.0	03.01.0	03.00.0
50m Butterfly	41.5	38.5	36.0	35.0	34.0	33.5	33.0
100m Butterfly	01.31.0	01.25.0	01.21.5	01.18.0	01.15.5	01.14.8	01.14.0
200m Butterfly	03.30.0	03.12.0	03.00.0	02.50.0	02.45.0	02.43.0	02.40.0
50m Backstroke	42.5	39.5	36.7	36.0	35.0	34.5	34.0
100m Backstroke	01.30.0	01.25.0	01.19.5	01.17.0	01.15.0	01.13.5	01.12.0
200m Backstroke	03.10.0	02.58.0	02.49.0	02.43.0	02.41.0	02.38.0	02.35.0
200m Ind Medley	03.18.0	03.04.0	02.54.5	02.46.0	02.44.0	02.41.5	02.38.5
400m Ind Medley		06.15.0	05.55.0	05.45.0	05.35.0	05.33.5	05.32.0

BOYS

Age	10/11	12	13	14	15	16	17+
50m Freestyle	37.0	34.0	31.5	30.0	28.8	28.1	27.5
100m Freestyle	01.20.0	01.14.0	01.11.0	01.05.0	01.04.0	01.02.0	01.00.0
200m Freestyle	02.55.0	02.42.0	02.33.0	02.18.0	02.14.0	02.11.5	02.09.0
400m Freestyle	06.20.0	05.50.0	05.30.0	05.05.0	04.50.0	04.45.0	04.40.0
1500m Freestyle		21.35.0	21.00.0	19.30.0	19.00.0	18.40.0	18.20.0
50m Breaststroke	48.0	44.0	42.0	38.5	37.3	35.5	33.5
100m Breaststroke	01.48.0	01.39.0	01.31.0	01.26.0	01.21.0	01.18.0	01.15.0
200m Breaststroke	03.42.0	03.26.0	03.15.0	03.05.0	02.51.0	02.48.5	02.46.0
50m Butterfly	41.0	39.0	36.5	34.0	31.5	30.5	29.5
100m Butterfly	01.34.0	01.27.5	01.21.0	01.16.0	01.11.5	01.09.0	01.07.0
200m Butterfly	03.25.0	03.08.0	02.56.0	02.45.0	02.36.0	02.30.0	02.25.0
50m Backstroke	42.0	38.5	36.7	34.0	33.0	31.5	30.5
100m Backstroke	01.33.0	01.25.0	01.19.0	01.13.0	01.08.0	01.07.5	01.06.5
200m Backstroke	03.14.0	02.59.0	02.49.0	02.38.0	02.32.5	02.26.0	02.20.0
200m Ind Medley	03.13.0	02.59.0	02.46.0	02.42.0	02.35.0	02.29.0	02.23.0
400m Ind Medley		06.15.0	05.52.0	05.40.0	05.25.0	05.15.0	05.05.0

Notes

All times are short course.

These are consideration times and we may need to reject swimmers who meet the consideration times to keep the length of the sessions within our pool bookings, our license conditions and what is reasonable for high quality competition.

Consideration times are stated to tenths. For the avoidance of doubt, where the consideration time is stated as (say) 1:37.0, a time of 1:37.00 meets the entry criterion, but 1:37.01 does not.

Ages are at 31 December 2018. Swimmers must have achieved the consideration time during the period 1 January 2017 – 17 December 2017.